Junior School Lunch Menu

WYCOMBE ABBEY BANGKOK

epicure Catering

Week Days	Monday 16-Nov-26	Tuesday 17-Nov-26	Wednesday 18-Nov-26	Thursday 19-Nov-26	Friday 20-Nov-26
Morning Break					
Morning Snack	Banana & Oats Muffin	Tuna Sandwich	Brioche Pretzel	Pancake	Ham & Cheese Croissant
Fruit	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Beverage	Milk	Milk	Milk	Milk	Milk
Lunch Menu					
Salad	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads
Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Asian Noodles	Rice Noodles & Shredded Chicken	Egg Noodles & Red Roasted Pork	Lard Na Pork	Tom Yam Noodles with Chicken	Pork Ramen
Main Asian	Hainanese Chicken Winter Melon Soup Steamed Jasmine Rice	Fried Chicken with Pandan Steamed Fish with Lime & Chili Steamed Jasmine Rice	Indian Butter Chicken Glass Noodle Soup with Minced Chicken Steamed Jasmine Rice	Stir Fried Pork & Basil Tom Kha Chicken Steamed Jasmine Rice	Chicken Soup with Potatoes Spicy Pork Salad with Mint Sticky & Steamed Jasmine Rice
Main Western	Grilled Fish with Dill Cream Sauce Roasted Paprika Chicken Potato Wedges Ratatouille	Pork Stew Chicken Fricassee Buttered Boiled Potatoes Steamed Broccoli & Carrots	Pasta with Pesto Sauce and Chicken Roasted Pork & Gravy Roasted Potatoes Garden Vegetables	Beef Stroganoff Chicken Schnitzel Mashed Potatoes Glazed Carrots	Fish & Chips Lasagna al Forno French Fries Garden Peas
Vegetarian	Penne Napoli Stir Fried Morning Glory & Chili	Spinach Lasagna Vegetable Tempura	Mediterranean Vegetable Stew Spaghetti Arrabiatta	Mac & Cheese Yellow Pumpkin Curry	Mixed Vegetables in Soy Sauce & Tofu Ratatouille Stuffed & Baked Zucchini
Live Cooking	Thai Omelette	Egg Fried Rice	Fried Eggs	Phad Thai with Chicken	Thai Papaya Salad
Afternoon Break					
Afternoon Snack	Custard Steamed Bun	Banana Cake	Coconut Twist	Chocolate Muffin	Fruit Yoghurt
Beverage	Milk	Milk	Milk	Milk	Milk

Allergen Labels

With allergy-friendly options, diverse international menus, and well-balanced choices, students are free to explore, enjoy, and develop a healthy relationship with food every day.

- Beef
- Pork
- Chicken
- Tree Nuts
- Peanuts
- Soy
- Celery
- Gluten
- Eggs
- Fish
- Crustaceans
- Molluscs
- Lupin
- Sesame
- SO_2 Sulfur Dioxide
- Milk
- Mustard
- Mushroom