Junior School Lunch Menu

WYCOMBE ABBEY BANGKOK

epicure Catering

Week Days	Monday 09-Nov-26	Tuesday 10-Nov-26	Wednesday 11-Nov-26	Thursday 12-Nov-26	Friday 13-Nov-26
Morning Break					
Morning Snack	Pretzel Stick	Chicken Ham and Cheese Croissant	Pizza Margherita	BLT Sandwich	Carrot Muffin
Fruit	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Beverage	Plant Yogurt	Milk	Milk	Milk	Milk
Lunch Menu					
Salad	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads
Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Asian Noodles	Rice Noodles with Chicken & Chicken Balls	Yen Ta Fo	Egg Noodles with Red Roasted Pork	Chicken Khao Soi	Egg Noodles with Pork & Pork Balls
Main Asian	Roasted Pork with Jaew Sauce Chinese Lemon Chicken Steamed Jasmine Rice	Fried Pork with Garlic Bamboo Mushroom Soup with Chicken Steamed Jasmine Rice	Fried Chicken with Pandan Massaman Beef Curry Steamed Jasmine Rice	Korean Fried Chicken Red Curry with Duck Steamed Jasmine Rice	Thai Style Grilled Chicken Spicy Grilled Pork Salad Sticky & Steamed Jasmine Rice
Main Western	Beef Burrito & Guacamole Spaghetti Carbonara Potato Wedges Garden vegetables	Fried Chicken Burger Fish a la Provence Garlic Roasted Potatoes Ratatouille	Pork-Paprika Stew Honey glazed Chicken Breast Mashed Potatoes Steamed Broccoli	Penne with Pesto Sauce Fish & Tomato Ragu Roasted Rosemary Potatoes Steamed Mixed Vegetables	Pork Lasagna Fish & Chips French Fries Garden Peas
Vegetarian	Miso Soup with Soft Tofu Mixed Vegetables in Soy Sauce	Deep-Fried Mushrooms with Tartare Sauce Penne Puttanesca	Spicy Thai Mushroom Salad Eggplant Schnitzel & Sour Cream	Yellow Chickpea Curry Baked Cauliflower & Cheese	Mac & Cheese Baked Eggs with Spinach and Tomato
Live Cooking	Butadon	Stir-Fried Spaghetti with Bacon and Basil	Omelete with Minced Chicken	Kimchi Fried Rice with Pork	Thai Papaya Salad
Afternoon Break					
Afternoon Snack	Pork Gyoza	Danish Jam	Thai Coconut Jelly	Banana Muffin	Chinese Black Bean Buns
Beverage	Milk	Milk	Milk	Milk	Milk

Allergen Labels

With allergy-friendly options, diverse international menus, and well-balanced choices, students are free to explore, enjoy, and develop a healthy relationship with food every day.

Beef, Pork, Chicken, Tree Nuts, Peanuts, Soy, Celery, Gluten, Eggs, Fish, Crustaceans, Molluscs, Lupin, Sesame, Sulfur Dioxide (SO_2), Milk, Mustard, Mushroom