Junior School Lunch Menu

WYCOMBE ABBEY BANGKOK

epicure Catering

Morning Break			
Week Day	**Morning Snack**	**Fruit**	**Beverage**
Monday	Banana & Oats Muffin	Selection of Fruits	Milk
Tuesday	Tuna Sandwich	Selection of Fruits	Milk
Wednesday	Brioche Pretzel	Selection of Fruits	Milk
Thursday	Pancake	Selection of Fruits	Milk
Friday	**National Holiday**		

Allergen Labels

With allergy-friendly options, diverse international menus, and well-balanced choices, students are free to explore, enjoy, and develop a healthy relationship with food every day.

- *Beef*
- *Pork*
- *Chicken*
- *Tree Nuts*
- *Peanuts*
- *Soy*
- *Celery*
- *Gluten*
- *Eggs*
- *Fish*
- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*

Junior School Lunch Menu

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epicure Catering

Lunch Menu			
Week Day	**Salad**	**Fruits**	**Asian Noodles**
Monday	Assorted Greens, Vegetables & Composed Salads	Selection of Fruits	Rice Noodles & Shredded Chicken
Tuesday	Assorted Greens, Vegetables & Composed Salads	Selection of Fruits	Egg Noodles & Red Roasted Pork
Wednesday	Assorted Greens, Vegetables & Composed Salads	Selection of Fruits	Lard Na Pork
Thursday	Assorted Greens, Vegetables & Composed Salads	Selection of Fruits	Tom Yam Noodles with Chicken
Friday		**National Holiday**	

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- *Gluten*
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- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*

Junior School Lunch Menu

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Lunch Menu			
Week Day	**Main Asian**		
Monday	Hainanese Chicken	Winter Melon Soup	Steamed Jasmine Rice
Tuesday	Fried Chicken Pandan	Steamed Fish with Lime & Chili	Steamed Jasmine Rice
Wednesday	Indian Butter Chicken	Glass Noodles Soup with Minced Chicken	Steamed Jasmine Rice
Thursday	Stir Fried Pork & Basil	Tom Kha Chicken	Steamed Jasmine Rice
Friday		**National Holiday**	

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- *Gluten*
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- *Fish*
- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*

WYCOMBE ABBEY BANGKOK

epicure Catering

Junior School Lunch Menu

Lunch Menu				
Week Day	**Main Western**			
Monday	Grilled Fish with Dill Cream Sauce	Roasted Paprika Chicken	Potato Wedges	Ratatouille
Tuesday	Pork Stew	Chicken Fricassee	Buttered Boiled Potatoes	Steamed Broccoli & Carrots
Wednesday	Pasta with Pesto Sauce and Chicken	Roasted Pork & Gravy	Roasted Potatoes	Garden Vegetables
Thursday	Beef Stroganoff	Chicken Schnitzel	Mashed Potatoes	Glazed Carrots
Friday		**National Holiday**		

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- *Gluten*
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- *Fish*
- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*

Junior School Lunch Menu

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epicure Catering

Lunch Menu			
Week Day	**Vegetarian**		**Live Cooking**
Monday	Penne Napoli	Stir Fried Morning Glory & Chili	Thai Omelette
Tuesday	Spinach Lasagna	Vegetable Tempura	Egg Fried Rice
Wednesday	Mediterranean Vegetable Stew	Spaghetti Arrabiatta	Fried Eggs
Thursday	Mac & Cheese	Yellow Pumpkin Curry	Phad Thai with Chicken
Friday	**National Holiday**		

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- *Gluten*
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- *Fish*
- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*

WYCOMBE ABBEY BANGKOK

epicure Catering

Junior School Lunch Menu

Afternoon Break		
Week Day	**Afternoon Snack**	**Beverage**
Monday	Custard Steamed Bun	Milk
Tuesday	Banana Cake	Milk
Wednesday	Coconut Twist	Milk
Thursday	Chocolate Muffin	Milk
Friday	**National Holiday**	

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- *Crustaceans*
- *Molluscs*
- *Lupin*
- *Sesame*
- *Sulfur Dioxide* (SO_2)
- *Milk*
- *Mustard*
- *Mushroom*