Junior School Lunch Menu

WYCOMBE ABBEY BANGKOK

epicure Catering

Week Days	Monday 05-Oct-26	Tuesday 06-Oct-26	Wednesday 07-Oct-26	Thursday 08-Oct-26	Friday 09-Oct-26
Morning Break					
Morning Snack	Butter Croissant	Coconut Sangkaya	Ham & Cheese Sandwich	Raspberry Muffin	Tuna Puff
Fruit	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Beverage	Milk	Milk	Milk	Milk	Milk
Lunch Menu					
Salad	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads	Assorted Greens, Vegetables & Composed Salads
Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits	Selection of Fruits
Asian Noodles	Rice Noodles with Pork & Pork Balls	Tom Yam Noodles with Shrimps	Egg Noodles with Red Roasted Pork	Clear Chicken Soup & Rice Vermicelli	Thai Boat Noodles with Pork
Main Asian	Clear Soup with Tofu and Minced Pork Stir Fried Chicken & Basil Steamed Jasmine Rice	Chicken Tikka Masala Stir Fried Pork & Bell Peppers Steamed Jasmine Rice	Stir Fried Fish in Curry Powder Tom Yam Chicken Steamed Jasmine Rice	Ton Katsu & Japanese Curry Miso Soup with Tofu Steamed Jasmine Rice	Stir Fried Pork & Mushrooms in Oyster Sauce Egg Drop Soup with Wakame Steamed Jasmine Rice
Main Western	Penne Carbonara Honey & Mustard Chicken Rosemary Potatoes Steamed Mixed Vegetables	Buffalo Chicken Lasagna al Forno Potato Wedges Sauted Green Beans	Roasted Fish & Lemon Butter Sauce Pork Parmigiana Maccaroni Napoli Parsley Potatoes	Spaghetti Aglio e Olio Chicken & Tomato Stew Mashed Potatoes Garden Vegetables	Pizza Margherita Fish & Chips French Fries Garden Peas
Vegetarian	Vegetable Spring Rolls Green Bean Casserole	Pumpkin Lasagna Grilled Tofu Teriyaki	Vegetarian Samosa Palo with Eggs	Stir Fried Mixed Vegetables in Soy Sauce & Tofu Baked Spinach & Cheese	Clear Soup with Vegetables & Egg Tofu Potato Gratin
Live Cooking	Fried Egg	Pad Thai with Pork	Chicken Kua Gai	Stir fried Kale & Crispy Pork	Fried Hong Kong Noodles with Chicken
Afternoon Break					
Afternoon Snack	Cinnamon Roll	Pumpkin Cake	Danish Custard	Chocolate Croissant	Fruit Yoghurt
Beverage	Milk	Milk	Milk	Milk	Milk

Allergen Labels

With allergy-friendly options, diverse international menus, and well-balanced choices, students are free to explore, enjoy, and develop a healthy relationship with food every day.

- Beef
- Pork
- Chicken
- Tree Nuts
- Peanuts
- Soy
- Celery
- Gluten
- Eggs
- Fish
- Crustaceans
- Molluscs
- Lupin
- Sesame
- Sulfur Dioxide (SO_2)
- Milk
- Mustard
- Mushroom